



*Inspiring all girls
to be strong,
smart and bold!*

GIRLS INCORPORATED®
OF LIMESTONE, ALGONQUIN AND LAKESHORE
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GOVERNANCE AND ADMINISTRATION

MAY 1, 2009 TO APRIL 30, 2010

BOARD OF DIRECTORS

Christie Scales, President; Dawn Tate, Past President;
Linda Drew, Vice-President; Cathy Dervan, Treasurer;
Betsy Schmidt, Director at Large; Jim Docherty, Director at Large
Andrea Piper, Director at Large; Doris Power, Director at Large
Angela Lyons, Director at Large; Dana Bell, Director at Large

STAFF

Lindsey Belch, Executive Director; Sara Ryder, Program Manager;
Tammy Didychuk, Girls Ed Coordinator;
Kristin Hebden Farrell, Belleville Focus Coordinator;
Sophie Harrison-Saxe, Art Auction Coordinator;
Sarah Willis, Group Leader; Brooke Shand, Group Leader
Nicole Frink, Group Leader; Robin Collins, Special Events

PROGRAM FUNDERS—2009/2010

The United Way serving K.F.L.&A. ~ Ministry of Health Promotion
Service Canada ~ Status of Women Canada
The Treasure Chest Bingo Association
Mac's 644 Nevada Ticket Sales
Girls Inc. Annual Art Auction



Girls Inc. Limestone
ANNUAL REPORT
May 2010

PRESIDENT'S REMARKS

I am overwhelmed with immense gratitude as I write a few words describing our past year at **Girls Inc.** of Limestone, Algonquin and Lakeshore. Gratitude for the dedication of our staff and in particular our Executive Director; and my fellow board members during a year of great ups and downs, unexpected events, many successes and challenges. We have certainly demonstrated our ability to be strong, smart and bold as an organization this past year.

Strong: Our strength this year has been resiliency and bringing a solution focused approach to our work. Albert Bandura said *"In order to succeed, people need a sense of self-efficacy, to struggle together with resilience to meet the inevitable obstacles and inequities of life."* We have certainly been through struggles this past year and as a result our organization is starting new programs, with new funding and reaching more members in our community.

Smart: Our board of directors has been working "smart" this year by participating in a Strategic Planning Session last August where we identified our strategic priorities and direction for the agency both short and long term. These included diversifying our funding portfolio, engaging and offering services to Mother's in our community, and working on the branding of our organization. Taking advantage of opportunities has been a consistent strength of ours *"Opportunity is missed by most because it is dressed in overalls and looks like hard work."*

Bold: To be bold is to take calculated risks, and choose to do something differently than you have done before. *"Whatever you can do, or dream you can, begin it! Boldness has genius, power and magic in it."* ~unknown~ This year we started many new programs and I am confident that our girls and members will experience magical moments and opportunities that will have positive lasting effects.

As we moved into a new year I look forward to co-creating new opportunities and growing our organization's capacity to serve our community.

With gratitude,
Christie J. Scales

EXECUTIVE DIRECTOR'S REMARKS

Although challenging from a financial perspective, the 2009/2010 board year was a time when the Girls Inc. board and staff worked diligently together to successfully lay the foundation for financial and programmatic growth. In addition, although we experienced staff decreases in 2009 and early 2010, we served 30% more girls than in 2008, submitted more program grants than ever before, and significantly increased our visibility in the greater Kingston community.

Now in our 2010 year, we will again significantly increase our number's served over the previous year, are operating a successful after school program and mother's support network, and are looking forward to the start of our FOCUS 5 Program in three weeks.

None of these milestones would have been reached without our dedicated and tenacious program staff members who consistently go above and beyond the call of duty to ensure we meet needs of the girls and family we serve. Tammy Kay, Sara Ryder, Kristin Hebden-Farrell, Sarah Willis, Brooke Shand, and Nicole Frink are inspiring our girls and young women every day to be strong, smart and bold, and are directly responsible for the difference we are now making in the lives of more than 1,000 girls every year. In addition, we are very fortunate to have Robin Collins and her team of Bingo Volunteers, and Sophie Harrison-Sax, our Art Auction Coordinator who are bringing in the much needed funding to run our programs.

It is truly a pleasure working with you amazing women and I am looking forward to the continued growth I am certain we will achieve with this amazing Girls Inc. team!

With appreciation,
Lindsey Belch

GIRLS INC. LIMESTONE INTERNAL CASH FLOW REPORT	2009 CASH FLOW	2010 BUDGET
REVENUE		
DONATIONS	7,141	2,500
FUNDRAISING		
Art Auction	17,456	20,000
Bingo Events	23,894	25,000
Nevada Ticket Sales	21,803	15,000
Special Events		10,000
PROGRAM REVENUE		
U/W Program Funding	48,696	49,500
FOCUS PROGRAM REV.	134,544	391,529
Ministry Health Promotion	0	30,000
Other Program Funding	0	10,000
OTHER REVENUE	11,541	5,000
ECHO AGE IN TRUST	1,668	
TOTAL REVENUE	266,743	558,529
EXPENSES		
ADMIN. EXP.		
Gen Admin & Serv. Chgs.	2,249	4,000
GST Expense	2,056	0
Office Exp./Equip.	3,256	7,500
Professional Fees	1,261	4,000
Volunteer Expenses	570	500
FOCUS Program Expense	105,530	280,944
FUNDRAISING EXP.	0	
Art Auction	1,347	3,000
Nevada Expenses	12,210	8,000
PAYROLL (net)	120,177	170,000
PROGRAM EXP.		
Girls Ed Expenses	8,805	
Insurance	2,167	2,500
Membership Expenses	2,769	3,500
Mileage Expenses	4,767	4,000
Police Checks	140	500
Postage	432	2,000
Professional Development	375	2,000
Program Expenses		7,000
Rent/Utilities	15,088	16,200
Telephone/Internet	3,022	4,000
TOTAL EXPENSES	286,221	519,644
TOTALS	-19,478	38,885

2009 STATISTICS

Number of Workshops **191**

Number of Girls Ed Groups **579**

Girls in ONE-to-one Programs **30**

Young Women in FOCUS Program **54**

Girls in General Membership **500**

2009 Total Girls Served **1,163**

2008 Total Girls Served **827**

2007 Total Girls Served **391**

