

# AFTER SCHOOL PROGRAM

For Girls+ in Grades 1 to 8 in Rideau Heights, Kingston

**2:30 to 5:30 p.m. starting Monday, September 11, 2023**

## LOCATIONS

Monday: J.G. Simcoe, 90 Wiley Street

Wednesday: Salvation Army, 183 Weller Avenue

Thursday: J.G. Simcoe, 90 Wiley Street

## CONTACT

For more information or help  
with registration contact:

Andrea Martin, Coordinator  
[andreamartin@girlsinclimestone.ca](mailto:andreamartin@girlsinclimestone.ca)  
(613) 433-6252

## REGISTRATION REQUIRED

A signed registration form is  
required on the first day of  
attendance. Click this link to  
download our registration form

**girls  
inc.**

Girls Inc. Limestone programs  
are always **FREE** for participants  
thanks to the generosity of our  
community funders and partners.

**GIRLS+:** We welcome all self-identified  
girls regardless of their assigned sex at  
birth, including those exploring their  
gender identity and those who identify  
as 2SLGBTQ+.

[www.girlsinclimestone.ca](http://www.girlsinclimestone.ca)



**GIRLS INCORPORATED**  
**OF LIMESTONE, ALGONQUIN AND LAKESHORE**  
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## **GIRLS INC. AFTER SCHOOL PROGRAM – INFORMATION PAGE**

**Girls+** in grades 1 to 8, 2:30 – 5:30 p.m.

September 11, 2023, until June 27, 2024

**MONDAYS** at J.G. Simcoe Public School – 90 Wiley Street

**WEDNESDAYS** at Salvation Army Rideau Heights Corps – 183 Weller Avenue

**THURSDAYS** at J.G. Simcoe Public School – 90 Wiley Street

### **SCHOOL PICK-UPS:**

Girls in grades 1 to 8 will be picked up at their school in the Weller Ave. neighbourhood when the bell rings at the end of the day. Pick-up locations:

- **Rideau Heights Public School** – a Girls Inc. Leader will be waiting outside the Resource Centre
- **St. Francis of Assisi Catholic School** – a Girls Inc. Leader will be waiting in the front desk area
- **J.G. Simcoe Public School** – a Girls Inc. Leader will be waiting in the front yard

### **STEPS TO REGISTER A NEW PARTICIPANT:**

1. Parent/guardian must call the Program Coordinator **AT LEAST 24 HOURS** before the participant's first day
2. The Program Coordinator will ask for the following information about the participant:
  - First name
  - School attending and grade
  - Will they be walking home in the walking group? If so, what is the home address?
  - Will they be picked up? If so, by whom?
3. The parent/guardian must complete and sign the After School Program Registration form
4. The new participant brings their completed form with them on their first day

**Girls who do not have a completed and signed registration form with them on their first day will not be taken into the care of Girls Inc.**

### **END-OF-DAY WALKING GROUPS:**

Girls Inc. Limestone staff will walk participants home within a 15-minute walking radius of the program site. We will confirm whether your participant lives within the walking group area when you call about your new participant.

### **END-OF-DAY PICK-UPS:**

If you are picking a participant up from the program location at the end of the day, please note the following:

- Your name must be listed on the participant registration form as an "Authorized Pick-Up Person"
- We will ask for ID to confirm your identity
- If we are inside the school, you will need to call so we know you have arrived
- We will be leaving with the walking groups at 5:00pm, so all pick-ups must be done before then

### **CONTACTING GIRLS INC.:**

To register a new participant, ask any questions, or make any arrangements, please call **Program Coordinator, Andrea Martin at 613-433-6252**. If you send a text message, please be sure to add your name and your participant's name in the text.

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# GIRLS INC. AFTER SCHOOL PROGRAM REGISTRATION FORM

**Girls+** in grades 1 to 8, 2:30 – 5:30 p.m.

September 11, 2023, until June 27, 2024

**MONDAYS** at J.G. Simcoe Public School – 90 Wiley Street, Kingston, Ontario

**WEDNESDAYS** at Salvation Army Rideau Heights Corps – 183 Weller Avenue, Kingston

**THURSDAYS** at J.G. Simcoe Public School – 90 Wiley Street, Kingston, Ontario

Participants will be supervised by Girls Inc. staff and students during walking groups and at the program site. Activities will take place at the above program sites, in the school yards, and other parks/common areas within walking distance from the program site. Girls Inc. staff will deliver programs and workshops that are fun and informative including physical activities, social activities, educational activities, craft activities, life-skills education, and hands-on experiments. All activities are delivered in an age-appropriate manner. **Please see the PROGRAM INFORMATION page for information for new participants.**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Home Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

School Attending: \_\_\_\_\_

Name of Parent/Guardian(s): \_\_\_\_\_

Relationship to Child: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_ Work Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact (Not Parent or Guardian): \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_ Cell or Alt. Phone: \_\_\_\_\_

Medical Information – Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Child's Health Card Number: \_\_\_\_\_

Please list food or other allergies and any health concerns or limitations:

## Medical Permission:

I give permission for my child, \_\_\_\_\_, to receive emergency treatment and/or hospitalization of necessary. I understand that all efforts will be made to contact me.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

## Transportation and Walking Group:

This program includes a safe walking group from school and to your home, within a 15-minute walk from the program site in the Weller Avenue neighbourhood. The walking groups will leave the program site ***no later than 5:00 so that participants are home by 5:30 p.m.***

Will your child be participating in the walking group?

☐ YES ☐ NO

If yes, note that ***you or an authorized individual must be at home as we cannot leave your child unattended.*** Please list the names of the authorized individuals and addresses that your child can be left with if you are not home at the drop-off time. Note that unless there is an emergency, you must arrange this in advance with Girls Inc. program staff:

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If your child is not participating in the walking group, how will she be getting to/from the program site?

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Please list the names of the person(s) authorized to pick up your child from the program site:

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***Please note that Girls Inc. cannot release your child to any individual not listed above unless alternative arrangements have been made in advance with Girls Inc. staff. There are no exceptions to this policy.***

## Program Consent:

I, \_\_\_\_\_, grant permission for \_\_\_\_\_ to participate in the Girls Inc. After School Program at J.G. Simcoe Public School, 90 Wiley Street, Kingston, and Salvation Army Rideau Heights Corps, 183 Weller Avenue, Kingston. In addition, I am providing permission for her to participate in activities that will periodically take place in public locations within the walking group area, such as public parks. I release and discharge Girls Incorporated of Limestone, Algonquin and Lakeshore, its employees, volunteers, board members, and their heirs, from any claims, demands or actions arising out of any matter related to the described program.

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Signature of Parent/Guardian

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Date

## Media Permission:

I give permission for my child to appear in Girls Inc. publications and understand that there may be occasions where pictures or videos of my child will be taken. These photos will be used for public relation purposes, newsletters, brochures, annual reports, radio, television, newspapers, and on the Girls Inc. website. I understand that my child's surname will never be used.

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Signature of Parent/Guardian

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Date