



GIRLS INCORPORATED® OF LIMESTONE, ALGONQUIN AND LAKESHORE
201-993 Princess Street, Kingston, Ontario K7L 1H3
Phone: (613) 542-9202 Fax: (613) 547-9091 Email: admin@girlsinclimestone.ca



Girls Inc. provides programs and services designed to inspire all girls to be strong, smart and bold! Through our group programs, girls participate in fun, informative, hands-on activities that help them successfully navigate their adolescent and teen years. We welcome your referral of girls who you feel will benefit from participation in our group programs, or our Friend for Life or Friend For a Day mentoring programs. For more information about Girls Inc., or to refer a girl to any of the upcoming activities listed below, please call us at (613) 542-9202 and ask for Tammy Didychuk, our Girls Ed Coordinator.

UPCOMING EVENTS:

- ❖ **Girls Inc. Allies In Action Workshop Series at the Wally Elmer Centre:** This is a phenomenal program designed and proven to combat relational aggression among girls. Targeted for girls in Grades 5 through 8. The program will run for eight consecutive weeks after school, beginning on Thursday May 7, 2009. Registration and consent is required, but free to participants. Funded by the United Way serving K.F.L.&A.
- ❖ **Girls Inc. Summer Community Day Camps for Girls:** For girls in Grades 4 through 8. Day camps will take place over the summer months. Registration and consent required, but free to participants. Funded by the United Way serving K.F.L. & A.
 - Wally Elmer Centre - July 6 to 10, 2009 - 9:00 a.m. to 4:00 p.m.
 - Amherstview Community (location TBA) - July 20 to 24, 2009 - 9:00 a.m. to 4:00 p.m.
 - Wally Elmer Centre (4-day camp) - August 4 to 7, 2009 - 9:00 a.m. to 4:00 p.m.
 - Bayridge Community (location TBA) - August 17 to 21, 2009 - 9:00 a.m. to 4:00 p.m.

For more information on Girls Inc. Limestone, visit our website at:

www.girlsinclimestone.ca

We would like to express our sincere appreciation to our Girls Ed program funders for making these activities possible for the girls in our community!

