

**GIRLS TAKING ACTION PROGRAM PARTNERSHIP**  
K3C Community Counselling Centres, Kingston Interval House, Girls Inc. Limestone  
c/o K3C Community Counselling Centre  
417 Bagot Street, Kingston, Ontario K7K 3C1  
Phone: (613) 549-7850 Fax: (613) 544-8138

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November 28, 2011

Dear Parent or Guardian:

Through a unique partnership between K3C Community Counselling Centres, Kingston Interval House and Girls Inc. Limestone, we are pleased to offer a special program for Kingston area teen girls aged 12 to 14.

The program being offered is a 12-week violence prevention program called *Girls Taking Action Against Violence*. During the program participants will learn about violence prevention and community leadership in a safe and nurturing environment. In addition, the group will choose and implement a unique community action project. Healthy snacks and bus tickets for transportation will be provided. There will be no charge for participation as the Canadian Women's Foundation has provided the funding for this program.

We hope you will encourage teen girls in your care to participate in the group. Participants will benefit from the following as a result:

- ◆ **Increased Self-Esteem**
- ◆ **Enhanced Leadership Skills**
- ◆ **Positive Female Support System**
- ◆ **An ability to recognize and avoid potentially violent situations**

Participants must pre-register to take part in this program. The registration form can be downloaded from the website of each participating organization by direct link below. You can also find out more about each agency on their website.

[www.k3c.org](http://www.k3c.org) ◆ [www.kingstonintervalhouse.com](http://www.kingstonintervalhouse.com) ◆ [www.girlsinclimestone.ca](http://www.girlsinclimestone.ca)

If you have any questions about the program, would like more information, or would like registration assistance please contact Michelle Cunningham, Child and Youth Community Counsellor, Kingston Interval House, (613) 542-8115 extension 2. . You may also email Michelle at [mich1@kingston.net](mailto:mich1@kingston.net).

Sincerely,



Lindsey Belch  
Executive Director  
Girls Inc. Limestone

