

**INTRODUCING...A new program
just for Moms**

THE GIRLS INC.

Mother's Network

Moms will participate in free weekly workshops on topics including family communications, family financial management, internet safety and much more! Lunch, on-site child care, periodic field trips, and an autumn weekend Mother's Retreat are also included.

Mom's will benefit from meeting and sharing experiences with other mothers, and helping each other successfully navigate parenting!

For more information and to register,
please call Sara Ryder at Girls Inc.
Limestone at (613) 542-9202.
Referrals are welcome!
www.girlsinlimestone.ca

Inspiring all Moms
to be **STRONG,**
SMART AND BOLD!

**girls
inc.®**

